

WHAT IS CLAIMED IS:

1. A device for mastering skate board tricks and maneuvers comprising a frame, said frame comprising a top and said frame being adapted to rest on a support surface, at least three elastic cords being attached to said frame; said at least three elastic cords being connected to a spring board deck such that said spring board deck is suspended above said support surface and below said top of said frame; a rotational bearing system being secured to said spring board deck and a foot deck being secured to the said rotational bearing system such that said foot deck is capable of rotational movement relative to said spring board deck and said foot deck is secured against substantial vertical movement relative to said spring board deck.

2. The device of Claim 1 further comprising at least two protrusions connected to a lower surface of said spring board deck, said protrusions being sized to simulate the geometry of skateboard trucks and wheels and said protrusions being arranged such that each protrusion creates a line contact with said support surface.

3. The device of Claim 1, wherein said frame comprises at least three support legs, said at least three support legs being temporarily secured together such that said frame can be collapsed for storage.

4. The device of Claim 1, wherein with said elastic cords are at least one of (1) removably attached to said frame and (2) removably connected to said spring board deck.

5. The device of Claim 1, wherein said rotational bearing system comprises an adapter, said adapted being disposed between said foot deck and a balance of said rotational bearing system.

6. The device of Claim 1, wherein said frame comprises a handlebar.

7. The device of Claim 1 further comprising a plurality of cord anchors, said cord anchors being interposed between said at least three elastic cords and said frame.

8. The device of Claim 7, wherein at least one cord adjustment clamp is connected to at least one of said at least three cords.

9. A skateboard training device comprising a frame, at least three resilient cables being secured to said frame, a spring board deck being secured to said at least three resilient cables, and a foot deck rotatably attached to said spring board deck.

10. The device of Claim 9, wherein said frame is collapsible for storage.
11. The device of Claim 10, wherein said at least three cables are adapted to be easily disconnected from said frame and from said spring board deck.
12. The device of Claim 9 further comprising a handlebar attached to said frame.
13. The device of Claim 9, wherein said at least three cables are secured to said frame by cable anchors.
14. The device of Claim 9, wherein a relative elevation between a surface supporting said frame and said spring board deck is adjustable.
15. The device of Claim 14, wherein said relative elevation is adjustable by adjusting a length of at least one of said at least three cables.